

Cooking on a budget

Course Code

MUL/COOKB/24/1/HLL

Time and duration

Start Date: 25 September 2024

Start Time: 10:00

Weeks: 5

Location

Halton Lea Library

Runcorn

WA7 2PF

Attendance

The course will run at Halton Lee Library
10.30 am till 12.30 pm on Wednesdays for 5 weeks

Topics Covered

Different recipes will be covered.
Cooking healthy options whilst managing a budget.
Developing maths skills linked to weight, measure and time.

How will I be assessed?

There is no formal assessment. Your tutor will be on hand to support you throughout the sessions to develop your skills.

What are the entry requirements?

To be eligible for a place on this course you must not have completed a previous cookery course with Fresh Beginnings.

Are there any costs?

There is no cost to this course and all Equipment will be provided.

PLEASE NOTE: This course is being funded via the Multiply Scheme which is part of the UK government's Skills for Life campaign to improve adult numeracy, so although this course is aimed at helping with your cookery skills, there is a focus on improving your numeracy skills too – this means that anyone who has a Level 2 maths qualification would not be able to enrol

Allergies

Allergies- Please let us know at enrolment if you have any allergies.

Other information

Please note: Halton Adult Learning Service are committed to providing the best and safest learning environment possible. This is why, throughout your course, you will also learn about the following subjects:

British Values
Safeguarding
Keeping Safe Online
Prevent & Radicalisation

What Can I do after this course?

You may want to explore further cookery and catering courses delivered by other providers and colleagues.

You may want to sign up to one of our accredited maths courses to further develop your maths skills.

Have a look at our prospectus, we have lots of courses on offer that may be of interest to you.

How do I enrol?

For more information, contact Learner Services:

Tel: 0151 511 7788 or email: adult.learning@halton.gov.uk

Session Dates

Wednesday 25th September 10:30 - 12:30

Wednesday 2nd October 10:30 - 12:30

Wednesday 9th October 10:30 - 12:30

Wednesday 16th October 10:30 - 12:30

Wednesday 23rd October 10.:30 – 12:30